

SPOT THE SIGNS

NOROVIRUS



- Vomiting
- Diarrhoea
- Nausea
- Headache
- Fever
- Aching muscles
- Abdominal pain

C.DIFF



- Frequent watery diarrhoea, up to 15 times a day
- Severe abdominal pain
- Dry mouth and dehydration
- Reduced urination
- Loss of appetite
- Fever
- Blood or pus in the stool
- Weight loss

INFLUENZA



- Fever
- Sudden decline in mental or physical ability
- Cough
- Runny nose or congestion
- Sore throat
- Sneezing
- Hoarseness
- Shortness of breath
- Wheezing
- Chest pain

If two or more residents or staff display the above symptoms, with no alternative explanation, this should be considered a potential outbreak.

Staff should follow the relevant outbreak action plan to contain the infection and prevent further spreading.