

6 important steps to prevent the spread of Coronavirus

Because sometimes we all need a little reminder!

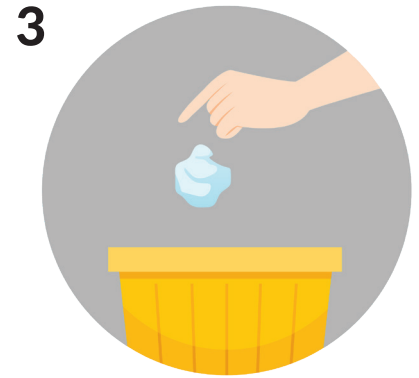
Infection Control



Wash hands frequently with soap and water or use a hand sanitiser gel.



Catch coughs and sneezes with disposable tissues.



Throw away used tissues (then wash hands).



If you don't have a tissue, use your sleeve.



Avoid touching your eyes, nose and mouth with unwashed hands.



Avoid close contact with people who are unwell.

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